

## How to Pray.

This P.R.A.Y. guide is to help you have a balanced daily prayer life (Matthew 6:5-15).

**P** - Praise God for who He is and what He has done for you (read and pray a Psalm each day).

**R** - Repent by confessing your sins to God.

**A** - Ask God in faith for petitions and intercession prayers:

- A prayer of petition is asking for what we need.
- A prayer of intercession is asking for what others need.

**Y** - Yield to God's will and the leading of His Spirit in your daily life (read and pray a Proverb passage to help you seek God's wisdom for each day).

Each month, use the provided Prayer Guide to develop a list of people God leads you to share the Gospel with:

- Lost people I am praying for.
- Unchurched people that I would like to invite to church and to my connect group.
- People with whom I have shared the Gospel.